



**MEDIC  
THERAPEUTICS**

---

# **LUMBAR TRACTION BELT**

---



**User Manual**

## ABOUT THIS PRODUCT

---

This back decompression belt is designed according to the principles of traction, which is one of the key conservative treatments of lumbar intervertebral disc protrusion, disturbance to the lumbar joint, or hyperplasia of the lumbar vertebra. Traction is a physical treatment to pull and drag intervertebral space through external force that decreases the pressure of lumbar vertebra, reduces the burden around the ligament, and brings rest to the damaged lumbar fibrous rings.

The Back Decompression Belt can protect the waist with several air traction pillars on the back of the belt. After inflation, the air traction pillars use traction to force together the lumbar vertebra. More traction equals more support.

The user can wear and operate the Back Decompression Belt himself offering long lasting traction to the lumbar vertebra. This product can be used any time and will help protect the lumbar effectively, while also reducing the pressure to the lumbar vertebra.

## SAFETY INSTRUCTIONS

---

1. Do not immerse into water to wash.
2. Do not place sharp objects near the belt.
3. Put it in a dry, cool place after using.
4. Avoid exposure to direct sunlight and heat.
5. Use the belt on the Lumbar area only.
6. Please use the attached air pump to inflate only.
7. Handle with care, avoid dropping the air pump.
8. When the belt is inflated completely, don't inflate it again.
9. Please don't use this product under following conditions:
  - Fractures to the following areas: Thoracic vertebra, lumbar, sacral vertebrae, pelvis, rib.
  - Serious rheumatoid arthritis, or rupture of ligaments.
  - Purulent tuberculous spondylitis.
  - Lumbar disease caused by tuberculosis or tumor.
  - Ganglion or skeleton tumor.
  - Serious cardiovascular disease and respiratory disease.
  - Pregnant women, children.
  - Osteoporosis patients.
  - Skin disease.
  - A patient who has acute stage lumbar trauma.
  - Please consult your doctor prior to use.

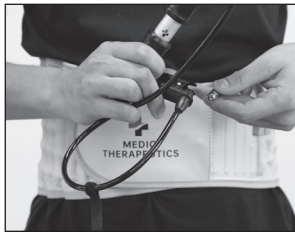
## HOW TO USE

---

1. Wear the belt against the skin directly or on loose fitting clothing.
2. Wear the belt between the lower rib cage and hip. Strap on and attach the belt firmly. If the belt is too short, attach the extension piece to the front of the belt and then strap on.



3. Clip the pump onto the gas valve of the belt, and then inflate the belt by pumping the pump.



4. The most effective traction is obtained when the air pillars of belt are fully inflated.
5. It is recommended that initially the belt be worn for 30 - 60 minutes at a time, if no side effects or pain is experienced then the usage time can be periodically extended.
6. Do not wear the belt when sleeping.
7. Before taking off the belt, unscrew the pump and press the air valve until the air escapes, ensure the belt is fully deflated then loosen the belt.



**IMPORTANT NOTE:** Stretch the belt while strapping it on to ensure the fit is not too tight. It's recommended to use the belt for 30 minutes prior to sleeping.

## TROUBLE SHOOTING

Problem	Solution
Difficult to fill with air.	Check if the clip and gas valve are in the correct position.
Can't fill with air.	Check to see if the screw of the gas valve can be tightened.
After belt inflates you can't add air.	It means the belt has been inflated fully.
After wearing the belt, you can't inflate it fully.	User may be wearing the belt too tight, loosen it and it will be in good condition

## PRODUCT SPECIFICATIONS

- Length: 115cm
- Before Inflation Width: 13cm
- After Inflation Width: 20cm
- Weight: 280g (belt only)
- Material:
  - Outer layer- PU
  - Inner layer- cotton
  - Inner layer of air inflation- TPU

## LIMITED LIFETIME WARRANTY

---

Your Medic Therapeutics product is backed by a limited lifetime manufacturer's warranty. Medic Therapeutics will repair or replace your device at any time should it fail due to a defect in material or workmanship, subject to the certain limitations. This limited warranty does not cover any damage that results from unauthorized or improper use, service, or repair. Further, it does not cover damage caused by accident, impact, negligence, or normal wear and tear.

Should you discover your Medic Therapeutics product is not functioning properly, please send your device to our repair center for evaluation. If your product cannot be repaired or serviced, we will reserve the right to change it for a similar or newer model. Please note that a flat rate of \$20.00 will be charged to cover a service evaluation fee and return shipping of your device. All warranty claims must be accompanied by a copy of your proof of purchase from an authorized retailer. Please send your device, proof of purchase, and a check or money order in the amount of \$20.00 made out to Medic Therapeutics to:

**Address:**

Medic Therapeutics Service Center  
3069 Taft Street  
Hollywood, FL 33021

**Contact:**

warranty@medictherapeutics.com



**MEDIC  
THERAPEUTICS**